





401 TABERNA WAY

❖ NEW BERN, NC 28562

252.634.1600

WWW.TABERNACC.COM



Season's Greetings, Members!

December is here and it is going to be a busy month, with lots of music, food and fun!

On Thursday, December 12th, we'll have Music Bingo beginning at 5pm and we will be featuring a holiday buffet.

On Sunday, December 14th, Santa will be arriving here at Taberna! Join us for "Brunch with Santa" from 11AM-1PM.

Next, on Friday evening, December 20th, TCC will be having our Annual Ugly Christmas Sweater Party and White Elephant Gift Exchange (\$15.00 limit of the gift!) you don't want to miss this one! We always have so much fun! We will have a DJ, Buffet and drink specials!

Tuesday, December 31st features a special New Year's Eve menu from 5PM-8PM.

Mark your calendars for these dates! More information for each of these events will be sent out in an email.

As a reminder, beginning in January, we will be implementing the Food Minimum. Individual members \$30.monthly minimum and Family members \$60.- monthly minimum. Non-Members must be accompanied by a member when using the dining room.

I am pleased to announce that Steve Sewell has joined the Taberna Team as our part-time golf pro!

Steve is a native of Massachusetts and graduate of Boston University. Steve has won 11 PGA Tournaments in the US, Europe, Africa and the Caribbean. He has taught at The Golf Digest School, St. Simon's Island, GA and the Studio at Walt Disney World.

Steve has been a contributor to Golf Digest and Golf Magazine, he has published a teaching

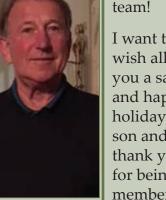
piece, text for PGA Marketing within the five-year college marketing programs and a novelette, Golf Clubs Talk.

Steve is available for lessons immediately from Tuesday - Saturday. Please call him directly at 910-320-2788 to schedule.

Lesson Rates, Members: 30-minute session \$30.-; Special Series: Six sessions \$150.-; Onehour session \$50.-; Special Series: Six sessions \$250.-.

I hope you will all join me in

welcoming Steve to the team!



I want to wish all of you a safe and happy holiday season and thank you for being a member!

Shannon Nunn General Manager



TMGA WITH JOE VASKO...

THE 2024 TMGA YEAR IN REVIEW



We said goodbye to an old member, Chuck Censullo and to Leslie Wheat. A toast: "To the memories we shared."

Election of officers was held. Brian Binn and I agreed to stay on with the help of Tom Love and Dick Miller for another year. A motion was

made, seconded, and passed.

TMGA members showed up for the Club Championship.

Congratulations to:

- Super-Seniors Champion Rich Ilsley, 1st low gross (159);
- 2nd low gross, Super-Seniors, Curt Deisenberg (160);
- ❖ 3rd low gross, Super-Seniors, Craig Baader (161);
- 1st low net, Super-Seniors, Bruce Clark (146);
- 2nd low net, Super-Seniors, Tom Manula (160);
- 2nd low net, Seniors, Jim Bradley (148);

Three players had a Hole-in-One this season: Bob Porter, Doug Uhland (2) and Cecil Broom.





Bob aced #14 on June 5th; Doug had TWO Holes-in-One this year: on May 10th it was on #5 and on May 29th, #8! Wow, great going; what are the chances?!

Congratulations to all!

We welcome new members George Gates, Doug Norton, Peter Dillon, Eric Litchfield, and Mark Bruer.

"Battle of the sexes..." We lost.

This year, we saw several opportunities to take home some extra cash, be it in a skins game, closest to the pin, or placing in the game.

I would like to thank those who came out and participated in the "Putting Competition:"

1st Doug Uhland \$30;

2nd Tom Manula \$20;

3rd Larry Narolis \$10;

3 4th Tom Love Broken putter;

Top Three Money Winners are:

- **♦** Larry Narolis;
- Rich Ilsley;
- Tom Manula.

Most improved handicap index of 15.5 to 10.6 goes to Craig Baader.

To those members who have had little or no opportunity to play, on behalf of the board, I want to thank you for your continued support.

I would like to personally thank Larry Narolis, Mel Walczak, Tom Love, Dick Miller, Brian Binn, Alex McCraight, and Buck Hare for all of your help in making 2024 run smoothly.

Also, special thanks go to those officers in the past who made the TMGA what it is today.



Happy Holidays, Everyone!

TMGA President Joe Vasko

GOLF CHAT...

WITH DEBBIE POLACKE



BRRRRR....
These first
few days of
December
have been
too chilly for
me to play
golf!! I like
conditions to
be perfect —
somewhere
between 70

and 90 degrees, and dry! I know you're thinking she should be living in San Diego. I did live in San Diego many years ago, but I didn't play golf in those days. Unfortunately, I still have a California attitude about weather. I don't do 40-degree weather and I definitely don't do snow. I think humans

should take a tip from bears and hibernate during the cold months.

We did have lovely weather in the first half November. On Saturday and Sunday, November 2nd and 3rd, the Taberna Country Club Championship tournament was played - and our hearty congratulations go to the ladies who won! Ladies' division champion is Janet Vasko and Senior ladies' division champion is Valerie Franzese. You should be very proud! On Tuesday, December 3rd, we held our annual Christmas Awards Banquet in the clubhouse dining room. The menu was yummy and the club was decorated so festively. Thank

you, Donna Hunt, great job! Several awards were presented that evening including the most improved 18-hole division player, Valerie Franzese, and the most improved 9-hole division player, Carol Larimer. *Congratulations, ladies!*

Something we do every year is to make a contribution to the Salvation Army Empty Stocking Fund and I'm pleased to say this year, thanks to the generosity of the ladies of the TWGA, we were able to contribute \$770.00. That is so great!



Cheers, Debbie President, TWGA

Pun Stuff!





For December, we have included some holiday coloring and puzzle pages for you to print out and give to the kiddos to color and solve! The pages follow the calendar at the end of the newsletter. Enjoy! So, check out the pages following the December calendar on page 6, choose what you like, and output on regular 8.5x11inch copy paper or heavier card stock and have fun coloring!





THE TENNIS CORNER

WITH BARBARA FLYNN



Now that the holidays are upon us, will there be time for tennis? As I write this, Thanksgiving is next week. Among the lady tennis players, it seems many are going out of town for all or part of the week – not looking good for playing, despite the weather in the early part of the week looking good. As one who will be staying home, color me sad.

The next holiday is Christmas, of course. If you are looking for tennis Christmas gift ideas you might want to check out Amazon "Tennis Lover Gifts." Listed below are three gift ideas I think are worth looking into:

- A paperback book entitled "It's Not My Fault: 150 Hilarious Excuses Every Tennis Player Should Know;"
- 2. Tennis Lover seamless wine glasses;
- 3. Tennis ball earrings.

With the new year nearly upon us, have you started thinking about your New Year's resolutions? Perhaps one such resolution would be to get that old tennis racket out and play some tennis. Even if you don't play games, the exercise is good for you. Now I have to admit that the weather can be dicey in the early months of the new year; however, here in Eastern North Carolina, the winter months can surprise you with unexpected mild weather.

From the article "The Benefits of Playing Tennis and Its Impact on Longevity:" Tennis is a sustain-

able, lifelong sport. The article goes on to state the following information which might convince one to get out on the courts. In addition to tennis boosting physical fitness, it also improves mental well being. It offers a range of advantages that can contribute to a longer, healthier life. As you probably already know, tennis is a full-body workout with rapid sprints, lateral movement, and upper body coordination. This physical activity engages the cardiovascular system, building endurance, strengthening the heart and improving overall cardiovascular health.

Tennis also improves muscle tone, flexibility, and bone density. As we age, bone density tends to decrease, leading to osteoporosis. Tennis being a weight bearing activity helps maintain and improve bone density. I can personally attest to this.

According to a study published in the British Journal of Sports Medicine, participation in racquet sports like tennis is associated with a 47% reduction in risk of death from any cause.

In my next article, I will discuss my research on the impact of tennis on one's mental well being.

Life is better when you play tennis.

FOR INFO ABOUT TENNIS AT TABERNA,
PLEASE CALL THE PRO SHOP
AT 634-1600, EXT. 1





EVERY FRIDAY OF THE Month at 10:30AM

Sat



































DINING ROOM OPEN 11AM - 6PM

TMGA

DINING ROOM OPEN 11AM - 6PM













DINING ROOM OPEN 11AM - 6PM



GOLF COURSE & CLUBHOUSE 25 CLOSED













AT 5PM



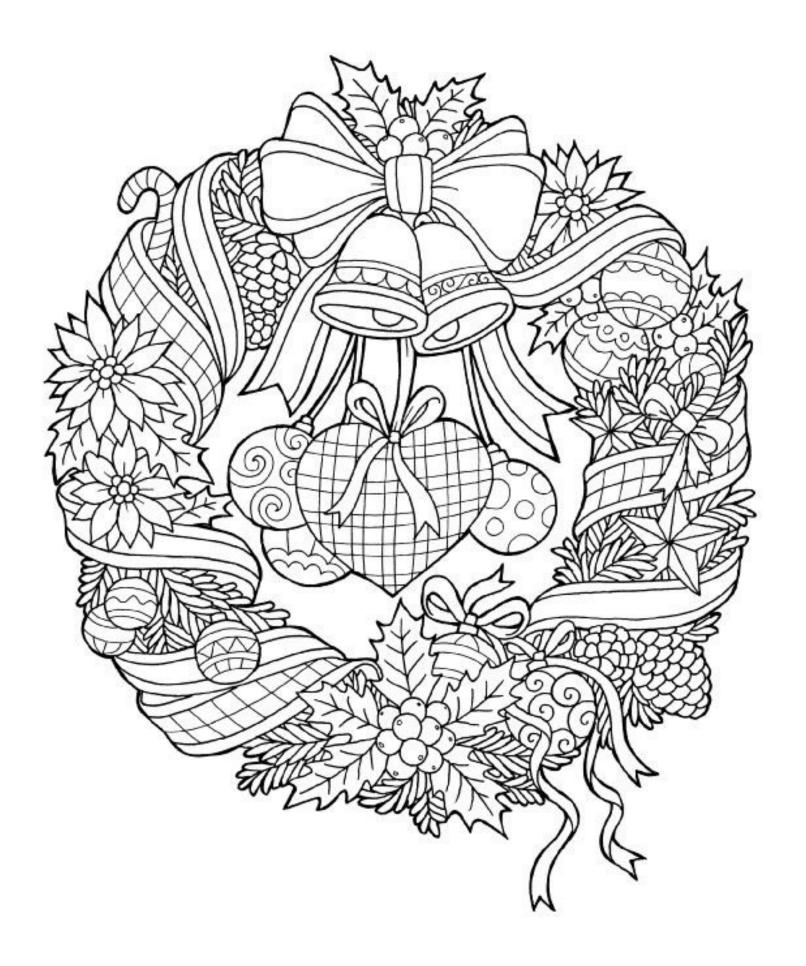
DINNER & SPECIAL EVENTS RESERVATIONS PRO SHOP HOURS: 7:00AM - 5PM RANGES OPEN 7:30AM - 5PM THE DINING ROOM WILL BE OPEN * THURSDAY THROUGH SATURDAY FROM 11AM - 7PM (KITCHEN CLOSES AT 7PM) AND EVERY SUNDAY FROM 11:AM - 6PM.

🕏 THE DINING ROOM IS CLOSED ON MONDAYS 🕏









CHRISTMAS WORD SEARCH

R S A S м Е E F Е N R G м E В E N G M E N E 0 N E A R C K R P G Т D S H R М K N J M Y E N P R P N 0 E R P Q S 0 X R A X K B J R Ν

SANTA CLAUS REINDEER NORTH POLE SLEIGH CHRISTMAS

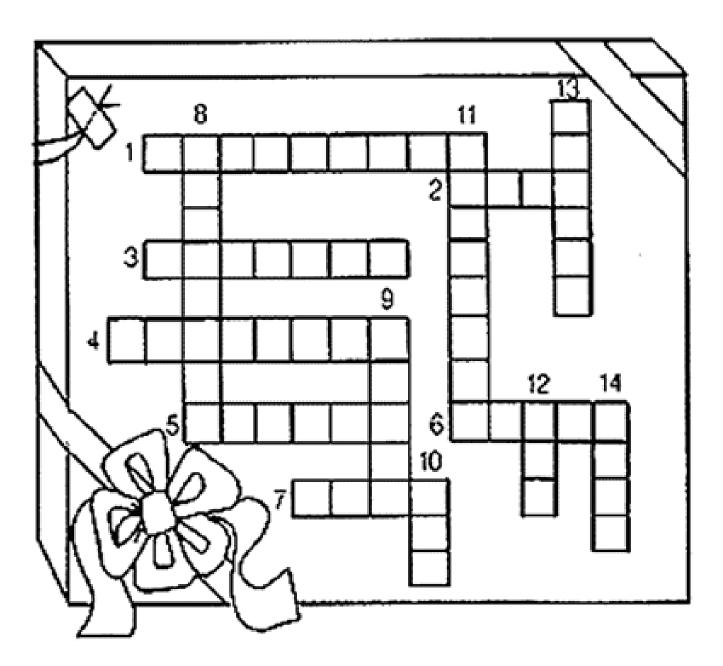
ELF

GIFTS

CANDY CANE

TREE
JOLLY
ORNAMENT
STOCKINGS

Christmas Crossword



Across

- 1. Hong these on the tree
- 2. Evergreen or pine 3. Frosty is one
- 4. You give and receive these
- 5. Tie this on your pockage
- 6. A Christmas color
- 7. For the top of the tree

Down

- 8. Rudolph
- 9. Jolly toymaker 10. Color of Santa's suit
- 11. Hang this from the mantle
- 12. Santa's Helper
- 13. Santa's transportation
- 14. Chistmas carol