



401 TABERNA WAY ❖ NEW BERN, NC 28562 ❖ 252.634.1600 ❖ WWW.TABERNACC.COM



Happy August, Members!

The summer is winding down and school will be starting soon. The pool is quieting down as well and that means

we are closing the snack bar for the season, but, do not fear! You can still order your favorites from the restaurant and we will deliver to the pool!

We have some more fun events planned this month including Fresh Fish Friday (the fresh fish will

be announced that Friday morning) on the 16th and a French-inspired buffet on August 30th. Give us a call to reserve your spot!

On Tuesday, August 13th from Noon-2PM, Taberna Country Club, in collaboration with Port City Community Church, is hosting a "Back to School Water Bottle and Backpack Drive" for Brinson and Trent Park Elementary schools. Bring a water bottle or backpack or other needed items to put in the 1964 Ford sitting out in front of Taberna – donation boxes will also be inside for the entire day. Special requests include socks and underwear (boys and girls ages 5-12); copy paper, tissues, pencil

pouches/boxes, 1-inch binders with view finder, and dry erase markers.

Concurrently, from Noon - 2 o'clock, there will be an event by Dr. Fran's Hydration Van with a discounted IV Myers' Cocktail available. Part of the proceeds will be donated to the drive.

We have some great plans in the works for September including a wine tasting/dinner pairing, the postponed Sock Hop, Sunday football, and Chef Ashley is working on creating a dinner menu to debut later in the month.

*Thank you for being members,
Shannon Nunn*

DONNA HUNT, SALES & MARKETING DIRECTOR



My door is always open and I am here to help plan events or celebrations of any kind – so please come see me. "I love a party!"

We made the events of last month extra special – for the Italian Pasta Night, we had fresh Parmesan cheese ground at the guests' tables and for the Seafood Night, the soothing Lemon oil-

scented cloths were a welcome addition.

Come check out what is in store this month – DJ Trivia, Fresh Fish Friday, on August 30th, French night at the end of the month will have candlelight and wine specials and the most popular on August 24th, Prime Rib Night.

We look forward to seeing everyone at the upcoming events but please make reservations as many of the events are selling out early, especially Prime Rib Night.

**For reservations,
call 252-634-1600, ext. 5.**

July was a slower month for Memberships as the summer winds down but, nevertheless, we would like to welcome the following families to Taberna Country Club.

WELCOME!
The Mor Family
The Pugmire Family
The Taylor Family
The Gates Family

More Monthly Fun Facts for August from Donna!

In August 1762 the sandwich, as we know it, was created when the Earl of Sandwich requested meat between two pieces of bread.

Whom is August Named After Anyway?

August was named after a major figure of the ancient Roman World, Augustus Caesar (63 B.C.–A.D. 14). He was the first Roman emperor (though he never claimed the title) and the grandnephew of the previous ruler, Julius Caesar (who named July after himself).

August is the eighth month of the year in today's Gregorian calendar, but it was the sixth month (Sextilus) of the year in Roman times. Augustus had the month of Sextilius renamed after himself in 8 B.C. This was the month of some of his greatest military victories.

ON THE AUGUST CALENDAR

"After Lammas Day, corn ripens as much by night as by day."

- ❖ August 1, traditionally known as Lammas Day, was an old festival to mark the annual wheat and corn harvest. It was a sort of Thanksgiving (harvest time) in Britain. Lammas also marked the mid-point between the summer solstice and autumn equinox. Learn more about Lammas Day.
- ❖ August 5 is a Civic Holiday in many parts of Canada. Celebrations and names for this holiday vary across the country. For example, in Alberta, it's celebrated as Heritage Day; in British Columbia, it's known as British Columbia Day!
- ❖ August 10 is St. Lawrence's Day. "Fair weather on St. Lawrence's Day presages a fair autumn."
- ❖ August 11 marks the end of the Dog Days of Summer, which began on July 3.
- ❖ August 17 is when the Cat Nights begin, harkening back to a rather obscure Irish legend concerning witches; this bit of folklore also led to the idea that a cat has nine lives.
- ❖ August 19 brings National Aviation Day, chosen for the birthday of Orville Wright who piloted the first recorded flight of a powered heavier-

than-air machine in 1903.

- ❖ August 24 is St. Bartholomew Day. "At St. Bartholomew, there comes cold dew."
- ❖ August 26 is Women's Equality Day, which celebrates the 1920 ratification of the Nineteenth Amendment and, with it, women's right to vote in the United States.

HAVE FUN WITH THESE STRANGE CELEBRATIONS!

- ◆ Aug. 1–7: International Clown Week
- ◆ Aug. 3: National Watermelon Day
- ◆ Aug. 8: National Sneak Some Zucchini Onto Your Neighbor's Porch Day (Or, use up that bounty with our best zucchini recipes.)
- ◆ Aug. 10: National S'mores Day
- ◆ Aug 12: Vinyl Record Day
- ◆ Aug. 13: International Left-Handers Day
- ◆ Aug. 20: International Geocaching Day
- ◆ Aug. 20: World Honeybee Day
- ◆ Aug. 25: Kiss-and-Make-Up Day
- ◆ Aug. 31: National Trail Mix Day
- ◆ August Astronomy
- ◆ Full Sturgeon Moon
- ◆ August's full moon, the full Sturgeon Moon, reaches peak illumination on the night of Monday, August 19. For the best view of the full Moon, look skyward that night!
- ◆ Perseid Meteor Shower

August is often a wonderful month for stargazing! It's the month of the Perseid meteor shower, which is one of the most prolific showers and reaches its maximum between August 11 and 13. You can still see the Perseids even if they're not at their peak. The shower lasts from about July 23 to August 22, so be sure to keep an eye out.

The Anglo-Saxons called the month of August "Weed month" because it's a month when weeds and other plants grow rapidly!

TMGA WITH JOE VASKO...



The TMGA members enjoyed a sponsored lunch at the end of July, and I wonder what you're thinking.

We had a terrific turnout for lunch last

month. It was great to see everybody laughing and joking while enjoying good food. We even had the pleasure of playing with a few who don't normally play with us. You are always welcome, even though you took our money.

Ashley just crushed it in the kitchen. The food was fabulous, and I can't thank Donna enough for all that she did behind the scenes to make everything go smoothly. When you see them, thank them. They do a lot more than you know.

So, what are the thoughts in your head

when you're swinging? By that, I mean the club. No, not that club!

Do you think about your technique? Like focusing on a few inches in front of the ball, to encourage swinging through, instead of hitting at the ball. Making sure the ball is at the bottom of your swing. Curt is thinking 150 while in the tee box. It slows his swing down and more times than not he will hit it 225. Some golfers think "I'm going to crush this one!" We know what happens when we do that (Eric).

Maybe something unrelated to golf? Like what should I have for dinner tonight. Is that bald spot on the top of my head going to get sunburned if I don't wear a hat? I have a friend who hums a favorite song. Not sure why she does that but, hey, if it helps her game, why not? You could practice meditation for golf by concentrating on your breathing. I could go on and on. You get the picture.

According to the pros, you should have no

more than zero to one thought while swinging a club. Thoughts have a way of undermining us. I wish there was a magic pill, but if I adopt this pro tip that would mean I get to think a lot less. Hmm...I think I'll try it.

Joe Vasko
TMGA President



GOLF CHAT...

WITH DEBBIE POLACKE



It's that time of year when I hope it rains on Tuesday so I have a really good excuse not to play in the sweltering heat! Not the right attitude for the pres-

ident of the TWGA, I know!

I mentioned last month about replacing your electrolytes when hydrating and not just drinking plain water. I want to share with you what I discovered in the baby department of the grocery store – Pedialyte! I bought the strawberry lemonade flavor, and it was delicious!



We played our first "Sink and Drink" the evening of July 10th and it was a great time. I think everyone enjoyed getting together and I've talked to a few non-TWGA ladies lately who are thinking of joining our next outing. Please do, I'll give you plenty of heads-up notice. It's going to have to be when the temperatures cool down a bit, though; maybe the end of September or early October.

The Ringer Tournament was held the weekend of July 20th and 21st. Congratulations to our lady winners: 1st Gail Schultz, 2nd Genie Meyer, and 3rd Pat Baader. Well done, ladies!

You recently received an email regarding the Crystal Coast Ladies' League from Pat Baader; it plays on Mondays in the Spring and Fall. If you have any questions or if you would like to sign up for that, contact Pat.

If you spot a turtle crossing the road

and stop to help, please be sure he's not a snapper or you may be sorry! Usually they're box turtles here in Eastern NC and you can pick them up by the shell and get them off the road by sending them in the same direction they were heading. I've seen quite a few on the golf course and even crossing my back yard. The females are looking for a place to lay their eggs and I guess the males for looking for a girlfriend.

Debbie Polacke
President, TWGA



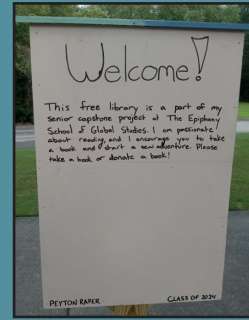
MEET PEYTON RAPER...

A recent graduate of The Epiphany School, Peyton Raper will be attending UNC Wilmington later this month. For her Senior Project, Peyton designed and built (with a little help from her Dad) the Little Library that now stands across the street from the entrance to the dog park on Taberna Circle.

Aside from the planning and building, she had to get approval from the Taberna HOA to build and install the library in the neighborhood. A second Little Library will soon be installed in town.

Please feel free to take and/or donate a book; more will be added so that there will be a variety of books for all ages.

It's just great to see young people taking an interest in their neighborhoods and in the world around them.



THE TENNIS CORNER WITH BARBARA FLYNN



The signs appear to be working. Through Cathy Hadad and Maria Vincent's efforts, Shannon Nunn made signs for the tennis courts reminding players to clean the courts following play. By cleaning courts it is meant to brush the courts with the brooms that hang on the back fences. Following the brushing, it is necessary to clean the lines with the roller brushes found on the fences dividing the courts. We have noticed that the courts have been properly cleaned. We hope this continues.

What needs to be considered at the start of a set as to which side of the court should you and your partner select should you be given the option? Being the loser of the coin toss can be advantageous if the sun or wind is on one side of the court. If you are bothered by the sun when serving, choose the side so that

you are on the "good" side for your first service game. If the sun doesn't bother you when serving, choose the side so that your opponent is on the "bad" side for his/her service game. Another thought you might consider. Select the sunny side so that after the first game, you opponents will have the sun for the next two games.

July 26th marked the Opening Ceremony of the 2024 Summer Olympics in Paris, France. The tennis competition started on July 27th and ends on August 3rd. Perhaps as you read this, the tennis competition will be coming to an end.

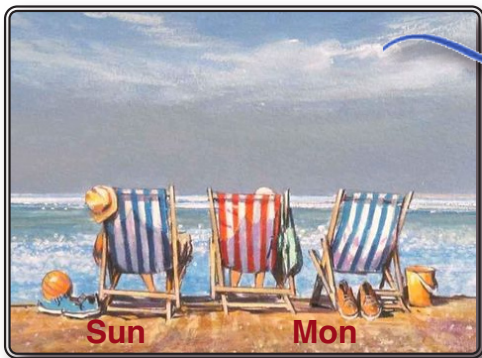
“WHEN LIFE GETS COMPLICATED,
PLAY TENNIS.”

**For info about tennis
at Taberna, please call the
Pro Shop at 634-1600, ext. 1**

JULY EVENTS AT TCC

July was HOT, HOT, Hot and Humid, especially after weeks of no rain at all — we had the Ringer Tournament, Ladies' Sink & Drink, multiple special dinners – Pasta Buffet, Seafood Buffet, (pretty sure that Prime Rib Night is everyone's favorite!), Music Bingo, Doc 'n' Roll band played, various private parties... a busy, social month it was!





Sun

Mon

Tues

Wed

Thurs

Fri

Sat

August 2024

HAND & FOOT
 1ST, 2ND & 3RD FRIDAYS
 EACH MONTH AT 11AM
 ★★★★★★
CANASTA
 EVERY FRIDAY OF THE
 MONTH AT 10:30AM

TABERNA COUNTRY CLUB
 Dinner & Special Events Reservations
 PRO SHOP HOURS: 7:30AM - 6PM
 RANGES OPEN 7:30AM - 7PM
 THE DINING ROOM WILL BE OPEN
 THURSDAY THROUGH SATURDAY FROM 11AM - 9PM
 (KITCHEN CLOSSES AT 6PM)
 AND EVERY SUNDAY FROM 11:AM - 6PM.
 ☆ THE DINING ROOM IS CLOSED ON MONDAYS ☆

MUSIC BINGO
 6PM
Meatloaf Buffet
 5PM

Stay Hydrated!

JAMES HENRY'S BIRTHDAY PARTY
 OUTDOORS
 ★ 6PM ★
 DINING ROOM OPEN
 11AM - 6PM

DINING ROOM OPEN
 11AM - 6PM

GOLF COURSE & CLUBHOUSE
 CLOSED

TWGA

TMGA

Thirsty Thursday... all day!

Sock Hop Burger Buffet
 Doc 'n' Roll
 5PM

Blank card with vertical stripes.

DINING ROOM OPEN
 11AM - 6PM

GOLF COURSE & CLUBHOUSE
 CLOSED

TWGA
 Back-to-School Supplies' Drive
 2-4PM

TMGA
 "I don't know what it is about it, but I love this course!"

DI TRIVIA
 2-4PM
 REGULAR MENU
 KITCHEN OPEN 'TIL 7PM

Fresh Fish Friday!
 Reservations Required

Blank card with horizontal stripes.

DINING ROOM OPEN
 11AM - 6PM

EAST CAROLINA SENIORS
 9:30AM Shotgun

TWGA

TMGA

Thirsty Thursday... all day!

Blank card with horizontal stripes.

PRIME RIB BUFFET
 5-8PM

DINING ROOM OPEN
 11AM - 6PM

CHERRY POINT FCPOA GOLF TOURNAMENT

TWGA

TMGA

Stay Hydrated - Eat watermelon!

French Inspired Buffet Night
 Bon Appetit!
 5PM

Blank card with diagonal stripes.